

# Frequently asked questions about Taking Medication while at Camp Barney Medintz

**Q: Do I send my child with his/her EpiPen? Do they carry it with them?**

**A:** If your child has an EpiPen ordered by a physician it is important that he/she bring it with them. Please have your Physician order a twin pack and label each injector with your child's full name. This twin pack will be given to the counselor to carry with them at all times. EpiPen training is part of the Camp Barney Staff training and all staff members are taught indications for use and proper procedure for administration. The Marcus Health Center and first aid kits located around Camp as well as those taken on all trips are always stocked with EpiPens.

**Q: How are inhalers or Injectable medications handled through CampRx?**

**A:** Injectable or refrigerated medication can be brought to the bus/airport in a cooler with an icepack. Rescue inhalers can also be brought to the bus/airport with a spacer/aero chamber. If your child is on a daily inhaler, please order through CampRx so that we can assure we have your child's medication reconciled and ready from the first day of camp.

**Q: My child's prescription is filled for 90 days at a time per my insurance company. How is that handled?**

**A:** Please contact CampRx with your concerns. They will discuss the details and solutions with your insurance company and notify us for an exception. As always, you can certainly contact the Health Center for further concerns.

**Q: My child is on medication that is not on the OTC formulary at CampRx (holistic medication, vitamins). How is that handled?**

**A:** If CampRx does not have the medication that you need (and please contact them first), they have agreed to repackage for a nominal fee. Please contact them for details.

**Q: The pharmacy will be sending a month's worth of medication but there are only 26 days of camp. What happens to left over medication?**

**A:** We will give any unused medication to your child on the last morning of Camp to be brought home with them.

**Q: Should my child take a medication "vacation" from taking his/her ADHD medication?**

**A:** While camp is all about fun, it can be an extremely stimulating environment with constant interaction and activity. We have found that changes in medication regimen are usually not beneficial. Also, we are not able to monitor your child as closely as you can when implementing medication changes. Speak with your physician about these factors before changing your child's medication regimen, even if it is on a temporary basis.

**Q: My child has glasses/contacts. Should I send extra glasses/contacts?**

**A:** You should absolutely send an extra pair or a written prescription. We are happy to keep those in the Marcus Health Center for safe keeping. Please label the case with your child's name.

**Q: My child takes a prescription medication on an as needed basis only. How is that handled?**

**A:** Please order through CampRx as an “as needed” medication. Any unused medication will be sent home with your child at the end of the session.

**Q: My child takes a daily prescription medication, although it is not critical if they miss a dose or two (i.e.: an allergy med, acne med, topical, etc.). How is that handled?**

**A:** We are very diligent about making sure campers get their daily medication, and we literally track them down if they miss a dose! If your child takes a med of this nature, please have your physician write the prescription for “**daily, as needed**”. This directive tells us that it is ok if the medication dose is missed.

**Q: My child has an over the counter (OTC) medication that he/she takes as they need it but not every day. Do you have those available?**

**A:** We have many OTC medications that are available for use in The Marcus Health Center (i.e. ibuprofen, cold medicine, etc.). If this is a medication that your child takes regularly (like an antacid, Lactaid, allergy medication, laxative) please order through CampRx and the medication will be held and labeled for them, and we will administer it (upon your child’s request) from the Marcus Health Center. If any of the medication is unused, we will send it home with your camper.

**Q: My child is older, and I let them take their medicine or as needed medicine (like Tylenol, Midol, etc.) on their own when they are at home. Can I send it with them and just let them keep it in their cabin?**

**A:** All medications, whether over the counter or prescription must be given through the Marcus Health Center. The only exceptions to this are rescue inhalers and EpiPens which are carried by your child’s counselor.

**Q: My child uses an AeroChamber/spacer/nebulizer for his/her medication? Do I need to send those?**

**A:** You do not need to send nebulizer tubing or a nebulizer. Those are supplied in our Health Center if needed. Please do send a spacer/AeroChamber clearly labeled with your child’s first and last name. You should also label the actual inhaler with first and last name.

**Q: My child gets an injection every day. Is somebody there to assist with that?**

**A:** We have registered nurses each session who are all well trained on administration of injectable medication. We can supervise your child’s self-injection or we can administer the injection. Please be aware that on multi-day trips it is quite difficult to keep refrigerated medications. Please discuss this challenge with your physician prior to camp.

**Q: If there is a change to my child’s medication, but the prescription has already been sent, how is that handled? Also, what if there is a last minute script needed (i.e.—my child has an ear infection right before Camp)?**

**A:** If there is a change, please email [marcushealthcenter@campbarney.org](mailto:marcushealthcenter@campbarney.org).