

# Camp Barney Melintz



## PARENT'S HANDBOOK!

THE ANSWERS TO ALMOST EVERY QUESTION YOU MAY HAVE

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# GOALS AND OBJECTIVES

1. Camp Barney Medintz will provide positive opportunities for campers to develop skills, have fun, form wonderful friendships, enhance self-esteem, and be exposed to a variety of learning experiences in a safe, exhilarating environment.
2. We will employ only those Camp staff who perceive their role as conscientious leaders of children as paramount, have demonstrated camping skills and have an understanding of Camp Barney Medintz goals, objectives and culture.
3. We will enable campers to explore and develop an understanding of our rich Jewish culture. Every camper will have the opportunity to observe the essence and beauty of the Shabbat in an enjoyable and experiential way.
4. Campers will have opportunities to participate in a full range of activities with their counselor and cabin mates, as well as the opportunity to participate in activities of their own choosing.
5. Programs and activities will also be designed to be unique from those which children may participate in when not at Camp Barney Medintz.
6. Every camper will be regularly exposed to our specialty areas including: instructional swimming, canoeing, sailing, skiing, horseback riding, camp-outs, music, dance, theater, arts & crafts, radio, video, "Sababa" Israeli Culture, tennis instruction, competitive and non-competitive sports, environmental and "mitzvah" programming, and a menagerie of aquatics adventures.
7. Experiences will be designed to enable campers to feel comfortable and more knowledgeable in the out-of-doors, to understand the delicate ecological balance of our environment and the necessity of conservation of natural resources.
8. Our Camp Barney community will reinforce the Jewish value of k'vod (respect) for ourselves, other campers and staff, property and possessions.



# TRANSPORTATION

Families arrange transportation to/from Camp Barney Medintz via one of six different means:

1. **BUS FROM/TO ATLANTA.** Air-conditioned buses with Camp staff escort campers directly to CBM from Georgia Perimeter College / Dunwoody, two blocks east of Zaban Park. **Campers traveling from/to Atlanta MUST use this option.**
2. **FLY INTO/OUT OF ATLANTA/HARTSFIELD-JACKSON INTERNATIONAL AIRPORT:** See Air Travel instructions on page 7.
3. **DRIVE DIRECTLY FROM/TO CAMP BARNEY MEDINTZ.** Directions are included on page 8. **This option is only available to families living outside of Metro Atlanta.**
4. **BUS FROM/TO BIRMINGHAM JCC:** An air-conditioned bus with Camp representatives escort campers directly to/from Camp. This is available for 1<sup>st</sup> Session only. The additional cost for this service will be \$70.00 each way.
5. **BUS FROM/TO CHARLOTTE JCC:** An air-conditioned bus with Camp representatives escort campers directly to/from Camp. This is available for 2<sup>nd</sup> Session only. The additional cost for this service will be \$80.00 each way.
6. **BUS FROM/TO RALEIGH JCC:** An air-conditioned bus with Camp representatives escort campers directly to/from Camp. This is available for 2<sup>nd</sup> Session only. The additional cost for this service will be \$95.00 each way.

**Your decision should be indicated clearly on the *TRAVEL FORM*. Note the following information pertaining to each of these forms of travel:**

## LUGGAGE AND LUGGAGE TAGS

Campers **MUST** pack belongings into **DUFFEL BAGS OR ANY TYPE OF SOFT-SIDED LUGGAGE**. Please only send 2 bags per camper. Please complete the information on the **LUGGAGE TAGS** (which have been color-coded for arrival and departure) when they are sent to you in May and attach them to your child's bags. **If you are shipping your luggage**, please have it delivered to camp on the Tuesday or Wednesday before your session starts and picked up after 3pm on the last day of your Camp session.

# EVERYTHING WE DO HAS A PURPOSE!

**It's true! Everything we do is deliberately designed to provide the best possible experience for your child(ren). Everything!**

- 1. Meeting or exceeding nearly 600 national “standards” by the American Camp Association.** Including staffing, medical practices, food service, housing and bathroom facilities, safety and security, water and sewage treatment, communication, transportation and programming.
- 2. Constructing, renovating or maintaining our huge facility** to be exciting, efficient, comfortable and safe.
- 3. Anticipating and planning for the safety and security** of our property and every camper and staff member.
- 4. Hiring 380 mature, talented, conscientious, enthusiastic, creative and loving staff.**
- 5. Creating a dynamic, culturally Jewish experience** through Shabbat Services and Festivals, live performances, guest artists, mealtime prayers, music, dance, theater, games, stories, food, crafts, building and activity names, discussions, “Sababa”, and hiring approximately 20 “Shlichim” staff from Israel.
- 6. Developing age-appropriate activities** that are challenging, meaningful and exciting, which enable measurable skill development, and a blend of familiar as well as activities entirely unique to Camp Barney Medintz.
- 7. Environmental awareness programs** which engage campers in our natural world and, when possible, identify connections to our Jewish culture. i.e. campouts, trips, the garden, recycling and conservation, mitzvah projects.
- 8. Bunkmate groupings** which recognize the desire for friends to be together, matching similar personalities and interests, blending new and returning campers from different cities/states/countries, and placing with a counselor who is perfect for that particular group.
- 9. Designing systems** that simply make excellent sense like providing delicious meals (that recognize so many different needs and wants), hiring fantastic physicians and nurses, offering the most comfortable buses to/from camp, routinely purchasing new quality camp equipment.
- 10. Preparing well in advance for everything** including training our staff, organizing programs, trips and schedules, reviewing all forms and information you send to us, establishing policies which enable everyone in our Camp community to feel safe and cared for, listening to feedback from families, campers and staff, being aware of global issues, weather and vendors, and recognizing that our problem-solving skills, judgment, humor, warmth, and relationships with each child make the most significant impact on them feeling accomplished, connected and loved.

# WHAT TO BRING

For your convenience, a suggested clothing and equipment list is provided in this Parent's Handbook. Please be sure each item is clearly marked with camper's name. Duplicating this list and placing it inside luggage facilitates easier packing at the end of the session. Ample built-in "cubby" space is provided in each cabin for storage.

The temperature at Camp is quite nice, allowing for shorts and T-shirts during the day (85-95 degrees). Slightly warmer clothing may be recommended during the evenings (65-75 degrees). All clothing and personal items should be plainly marked with indelible markers or sewn-on tags. Please limit luggage to (2) pieces per child: Please use duffel bags or any other type of soft-sided luggage. We recommend you send old clothes as most activities occur outdoors and campers enjoy the freedom of not worrying about stains or the "impact of Georgia red clay!" We also recommend that children assist with packing their luggage. **Laundry** will be washed three times during each four-week session and twice during each two-week session.

## LIST FOR ALL 4-WEEK CAMPERS: (Reduce quantities for 2-week campers)

### CLOTHING

2 pairs tennis shoes  
1 pair hiking shoes – comfortable!  
1 pair flip-flops/tevas with a heel grip  
10 T-shirts  
6 shorts  
3 pairs jeans/long pants  
10 pairs socks  
(At least 2 over the ankle for Horseback)  
12 pair's underwear  
4 bathing suits  
2 sweat shirts  
2 pajamas  
Hat(s)  
1 poncho/raincoat/jacket  
1 white t-shirt for each Shabbat  
(white shorts/pants NOT necessary)  
"ugly" t-shirts, shoes, & pants for the Bog!

### TOILETRIES/BEDDING

1 sleeping bag (4 week campers)  
1 blanket  
2 sets of single sheets  
1 pillow  
2 pillow cases  
5 bath towels  
2 laundry bags  
1 toothbrush/toothpaste/cup  
1 comb/brush  
1 shampoo/conditioner  
1 nail clipper  
Soap & Case  
Sunscreen lotion  
Bug spray – non-aerosol  
Deodorant – non aerosol

### OTHER

Flashlight/batteries  
Water bottle\*\*\*  
Stationary, stamps, pens

### OPTIONAL

Books  
Costumes  
Daypack  
Inexpensive camera  
Tennis Racquet  
Musical instrument  
Fishing gear  
Softball glove  
Ground cloth or "Egg Crate"  
Stuffed animals  
Playing cards

### \*\*\***(Necessary!)**

CBM water bottles are available for purchase from our catalog or in the CBM Winter Office for only \$10. Campers of all ages should have these water bottles – to reduce waste/remain hydrated. We will distribute to your child(ren) upon their arrival if you choose to order **CBM Nalgene water bottles**.

## **ADDITIONAL ITEMS FOR TEEN CAMPERS:** (those campers completing grades 6, 7, 8)

2 pair wool socks  
2 bandanas  
2 water bottles (Nalgene-type)

## **ADDITIONAL ITEMS FOR JIT CAMPERS:** (beyond teen camper's list)

Lantern (battery operated)

## WHAT NOT TO BRING

All campers and staff may not bring anything to Camp that is dangerous and could cause injury or destroy property. **Those who bring illegal drugs, alcohol, fireworks or weapons of any kind will be dismissed.**

Other items indicated below are **inappropriate for camp and therefore not permitted.** Should they be discovered, they will be taken away and/or discarded and we will contact you to discuss whether your child will be permitted to remain at CBM. **SEE LIST:**

Cigarettes, lighters, matches

Cellular Telephones

Walkie-Talkies

Pocket Knives

Food, sodas, etc.

I-pods, I-touches, I-pads: (Or any electronic device with a screen that connects to the Internet)

Large CD players, stereos

Large electronic games, TVs

Inappropriate music

Inappropriate/sexualized clothing

**Parents: Please supervise packing your child(ren)'s luggage!**

## FOOD AND PACKAGES

Camp Barney Medintz provides plenty of tasty and nutritious Kosher food under the supervision of our professional chefs and bakers. The canteen is also stocked with additional snacks and "milk line" (milk or juice and cookies) occurs each evening before bedtime. Therefore, ample food is provided by Camp. If you would like your child(ren) to eat vegetarian meals or special diets are required, please indicate this on the "Confidential Camper Questionnaire" form.

**DO NOT SEND FOOD, and ask relatives to refrain from doing so! REMEMBER: NO PACKAGES** will be accepted at Camp Barney (other than pre-approved or by companies that specialize in camp "care packages"). That means, **ENVELOPES ONLY**, containing clothing, books, puzzles and games are acceptable. **NO BOXES.** It is quite impossible to manage the volume, monitor the Kashrut of food packages, deter the attraction of mice and rodents and the additional wrappers and litter created.

**IF A FOOD PACKAGE DOES ARRIVE FROM AN UNINFORMED RELATIVE, IT WILL BE RETURNED OR GIVEN AWAY, NOT TO CAMPERS. PLEASE TELL GRANDPARENTS AND OTHER LOVING FRIENDS AND RELATIVES AS WELL.**

## CANTEEN

**CANTEEN** includes approximately one snack item per visit, six days per week. The Canteen Fee also includes laundry, Camp T-shirt, and special camper trips out-of-camp.

Items available in the canteen may include: fresh fruit, BarneyBars, potato chips, cookies, Fruit Roll-ups, animal crackers, fruit juices, etc. Gluten-free, nut-free, and dairy-free canteen will be very clearly indicated and available.

# MEDICAL INFORMATION

Our goal is to provide a safe and healthy environment for your child.

## **A. HEALTH CENTER AND MEDICAL STAFF**

The Marcus Health Center at Camp Barney is centrally located. It is "antiseptically" clean, air-conditioned and well-equipped.

Our medical staff includes a resident physician and four to five registered nurses (RNs) who live at Camp and are on-call 24-hours a day. A network of medical care facilities are also available: medical clinics are located 4 miles away in Cleveland, 25 miles away in Gainesville and 60 miles away in Atlanta; dentists and orthodontists are also available in these locations. Additionally, many Camp Barney Medintz staff become trained and/or certified in first aid prior to your child's arrival.



Campers receive excellent medical attention should they require treatment, take daily medications or are admitted for an overnight stay. **We will call parents if your child develops an illness which requires a prescription medication, an overnight stay or outside consultation.**

## **B. REQUIRED ANNUAL MEDICAL EXAMINATIONS**

All campers must have a medical exam by their physician prior to their arrival at Camp. The *Health Form(s)*, are due by **April 1, 2014**. **Campers will not be permitted to attend Camp without a completed Health Form. If you have any comments regarding Health Forms, e-mail [cbmforms@campbarney.org](mailto:cbmforms@campbarney.org).**

## **C. LICE POLICY**

All campers are screened for lice by our medical staff and trained professionals from "**Headhunters Lice Removal Specialist**"\* immediately upon their arrival and **prior** to moving into their cabins and unpacking their luggage. Please help us by checking your child prior to their arrival at Camp. If your child is found to have nits or active lice, there are two options:

1. "**Headhunters Lice Removal Specialists**" will provide lice treatments and services at Camp. Your child will be able to return to their cabin once the treatment is complete. "Headhunters will recheck your child in 3-7 days and guarantee their treatment.
2. If you do not wish to use Headhunters, your child will need to return home for treatments and may return to Camp after they **receive two treatments and a signed letter from their doctor indicating they are lice and nit free.**

\***Headhunters Lice Removal Specialists** is the premier head lice removal service in Georgia. They provide safe, confidential, and effective lice removal for our campers right at Camp Barney Medintz. To learn more about them, and their fees, visit [www.headhunterslice.com](http://www.headhunterslice.com).

## **D. FLU SHOTS!**

We recommend each camper and staff member have a **current annual flu vaccination**. **Everyone must be screened by physician and/or parents prior to arrival to diminish and/or eliminate the spread of Influenza to our Camp Barney community. Thank You!**

## **E. MEDICATION**

All medication that your child takes daily in pill form **must** be "bingo card" packaged. Instructions for this process as well as a list of FAQs are available by clicking "**Medication Information**" on the home page of [www.campbarney.org](http://www.campbarney.org). Refrigerated medications can be turned into the nurses upon arrival at Georgia Perimeter College or at Camp if flying/driving. If arriving by chartered bus from Birmingham, Charlotte, or Raleigh, medications should be handed to their bus chaperone. Unused medications will be returned with your child(ren) on the last day of the session. **All medication must remain in the infirmary throughout the session and will be dispensed according to the prescription with careful recording of their usage.** Please feel free to contact our head nurses at [Marcushealthcenter@campbarney.org](mailto:Marcushealthcenter@campbarney.org) with any questions or concerns.

## **F. GLASSES**

It is extremely important that your child bring a 2<sup>nd</sup> pair of glasses to Camp (or you should send an eyeglass prescription to our Atlanta office by June 1<sup>st</sup>). Should glasses break, it is very difficult to enjoy Camp, and they should be replaced without delay.

## **G. BRACES**

Please provide ample "bees wax" to help your child during moments of discomfort. There are dental professionals in our local town near camp should a wire protrude or break. Please help your child maintain his or her braces while at camp.

## **H. MEDICAL INSURANCE**

Camp Barney Medintz does not provide medical insurance. All campers must be covered by a health insurance plan or they will not be permitted to attend Camp. Expenses applied toward family's insurance include visits to an out-of-camp clinic or hospital and **prescribed pharmacy medications.**

## **I. AUTHORIZATION**

The Camp Director is authorized to use his judgment in arranging for campers any medical care not available in the Marcus Health Center which, upon the advice of the Camp Doctor, he or she deems necessary. **Parents agree to pay all expenses involved, and not covered by your family insurance, including insurance co-payments.**



## TELEPHONE

The Camp Barney Medintz summer telephone number is **(706) 865-2715**. Our office hours are **9:00am to 8:00pm (EST) Sunday through Thursday**, and **9:00am to 5:00pm (EST) Friday and 11:00am to 5:00pm (EST) on Saturday (Shabbat)**.

You may telephone us any time during Camp! We may also wish to contact you so that together, we can ensure the most successful experience for your child. Should you need to call **during office hours**, a return call to you will be made that same day unless you specify urgency, and then the Director or another Camp administrator will be sought immediately. (Remember, we're a 500 acre facility and camp administrators may be far from the office when you call, with campers, at programs, etc.)

Should you have an urgent need to call **after office hours**, (8:00pm) you will reach our After Hours Voice Mail. If you choose to leave a message on the voice mail, it will be retrieved by our Camp office staff at 9:00 am the following morning. In the case of an emergency, the message will direct you to an after hours emergency number that is monitored throughout the night. **Please use this line for emergencies only.**

**Parents are not permitted to communicate with campers via telephone unless parents indicate urgency to the Camp Director.** Parental phone calls often interfere with camper adjustment and scheduled activities and trips.



**CAMPERS ARE NOT PERMITTED TO BRING CELL PHONES TO CAMP.**

## MAIL

A steady flow of mail to/from home can make a world of difference in your child's positive feelings about Camp and home. (Some parents even arrange for that first letter to be at Camp upon the child's arrival!) It will be delivered upon their arrival. Camper "letter-writing" days (otherwise known as "meal tickets!") occur twice a week: **Mondays & Thursdays**.

PLEASE WRITE TO: **CAMP BARNEY MEDINTZ, CABIN # \_\_\_\_\_\***  
**4165 HWY 129 NORTH**  
**CLEVELAND, GA 30528-2309**

*\*(Please make sure the **camper's cabin # is written on all correspondence** after your child indicates the cabin # in his or her first letter home to you!).*

**The first letter home from your child will be written, scanned and emailed home to parents by Wednesday of his or her first week of camp!**

Though sometimes the first letter home might indicate a difficult adjustment, homesickness, etc., a more revealing view of your child's early camp experience could be represented in his or her second letter. Nevertheless, if you're deeply concerned, please call and we'll do some quick research!

**Parents may e-mail your child(ren) as often as you choose! Information about the process and cost are included on page 14.** Call us if you have questions!

## ONLINE PHOTOS....ONE-WAY EMAIL!

This form is all about staying in touch with your child(ren) this summer while they're at Camp Barney! Our brand new system below is very easy .

### ONE-WAY EMAIL:

Faster (for you) to write your child(ren) as often as you want! Email is printed and delivered to campers just like regular mail – each day after lunch. Purchase “**CAMPSTAMPS**” packages and save money.

### ONLINE PHOTOS:

We'll take pictures every day of kids, activities and events and post them online for you to see or purchase. Camp Barney Medintz may use any individual or group photographs of campers taken at Camp during the summer for public relations purposes.

### It's easy to get started and NOW become part of our exciting online community!

1. Visit [www.campbarney.org](http://www.campbarney.org).
2. Click on the CBM account login link. This will prompt you to enter your email address and password. This process is designed to be safe and secure – by limiting access of “our” children’s pictures online and your credit card information.
3. Once you are logged in, you will see our Online Community section where you can view more photos, send your child(ren) one-way emails, and read our weekly online news.
4. When you click on the one-way email link, the system will guide you through the process of purchasing “**campstamps**” to send emails as often as you'd like throughout the session to your child(ren). “**Campstamps**” are priced as follows:

10	campstamps	\$10.00
15	campstamps	\$14.00
20	campstamps	\$18.00
30	campstamps	\$25.00
5. When you click on the photo link, you can view pictures we'll be posting four to five times a week! To purchase these photos, click on the small **shopping cart** under the photo.

## LAUNDRY

During each 4-week session, campers will have their laundry cleaned three times (and twice during the 2 week sessions). A professional laundry service “washes, dries and folds” the contents of each camper’s clearly marked laundry bag and returns clothes the next day. Please make sure your camper’s laundry bag is made of a durable material. Mesh bags do not hold up well over the course of the summer, and do not help to protect the clothes inside. CBM laundry bags are available for purchase prior to camp. For more information please check our catalogue.

## LOST AND FOUND

Lost and Found items are displayed throughout and at the end of each session and counselors will make every attempt to help campers locate misplaced items on a daily basis! CBM cannot assume liability for the loss or damage of personal items. **Please label everything!**

## BIRTHDAYS

A wonderful celebration awaits campers whose birthday occurs during their session at Camp, including yummy cake for their cabin and lots of singing by everyone in Camp! (Please highlight this on the “*Confidential Camper Questionnaire*”). **Unfortunately, telephone calls are not permitted on this special day as campers may be on a trip, campout or other activity.** Instead, please consider letters, cards, non-food packages, “Sealed with a Kiss” gifts or e-mails!

## BUNKMATE REQUESTS

Space is provided on the “*Confidential Camper Questionnaire*” for you to provide your child’s bunkmate request. Such requests will generally be honored if both families make the same request, unless there is a significant disparity in ages or grades. Some campers request to be bunked with several other children. Because of various cabin sizes, CBM can only commit to facilitating one request per camper. We try to honor old friendships, encourage new ones, and create a cabin group that will enable a fabulous experience for each child.

## BAR/BAT MITZVAH

**For campers whose Bar/Bat Mitzvah date falls before the end of December 2014**, Camp Barney Medintz can make arrangements for your child to receive additional “coaching” from our resident Judaic Educators for up to two hours per week while at Camp **at no additional cost**.

If you choose, a donation to CBM for this service and special “ceremony” for all participants would be welcomed and appreciated! Your donation will be dedicated to our CBM Jewish Cultural Fund.

Arrangements can also be made for such a “Simcha” should you choose to have your special occasion actually celebrated **at Camp Barney!** Please contact the Camp Director for information on schedule, activities, accommodations, catering, costs and any other special arrangements.

## TIPPING

In keeping with the philosophy of Camp Barney Medintz and the guidelines of the American Camp Association (ACA) who annually accredit CBM, gratuities are not accepted. If you truly wish to acknowledge a staff member, you are welcome to make a donation to the Camp Barney Medintz Fund in their honor. Your thoughtful gesture will be acknowledged in total staff gatherings and in subsequent CBM newsletters!

## VISITATION

**There is no visiting DURING Camp sessions.** We maintain this posture to ensure a continuity of experience away from home, and to provide an environment to our community that suggests safety and familiarity. However, we do welcome families who wish to visit Camp on our **three Open Houses: (Before camp) Sunday, May 11<sup>th</sup> and Sunday, May 18<sup>th</sup> and (after camp) Sunday, September 14<sup>th</sup>.** Come with a bathing suit, tennis racquet and picnic lunch - we’ll provide beverages, desserts and the “deluxe tour!” (Over 100 families usually visit during each Open House!)

## SECURITY GATE

We have an electric security gate at the entrance to Camp Barney. This is to provide better protection to our Camp community. The security code is available to our staff, selected vendors and anticipated visitors. (There is no intercom at the gate connecting a visitor to the office). This entrance gate is approximately one mile from the beginning of the Camp facilities and activities.

## INTERSESSION

Inter-session is for two-session campers. It is the Thursday night - Sunday morning between sessions. We encourage families to bring campers home during this "break." Otherwise, we will attempt to match a family with a full-session camper during this time.

## CAMPER REPORTS

A Progress Report is written for each child by his or her counselor during each session. Information pertaining to your child's adjustment to Camp, interactions with other children, response to various programs, routines and staff are included. Families are encouraged to contact the Camp Director following the summer (beginning in October) to set up a telephone or personal appointment to share feedback from your child's camp experience.

## CONFIDENTIAL CAMPER QUESTIONNAIRE

Thank you for completing the "Confidential Camper Questionnaire" which you received in February. Your responses and "mini biography" will help us immeasurably as we design cabin groups and prepare for your child's emotional, physical, recreational and social growth! Please send any updates you feel are important for us in providing a positive experience for your family.

## PAYMENT SCHEDULE AND CANCELLATIONS

**FEES:** Registrations are processed with a non-refundable deposit accompanying the Application Form. Payment in full must be made by **April 1, 2014**. These arrangements are made in order to be fair to those who are on waiting lists. Payment plans are available. **Unless prior arrangements have been made, families who have not made payment in full by April 1, 2015 may lose their space at Camp to another child who is on our waiting list.**

## PARENT'S ROLE

We appreciate the confidence you have demonstrated in Camp Barney Medintz by enrolling your child(ren) in one of our summer sessions. In a sense, we are partners in this great adventure since we are all concerned with the safety and care of your child(ren)! Your assistance in preparing the Camp Director and staff with important information pertaining to your child(ren) during Camp and providing general feedback on our entire operation following the summer and throughout the year is genuinely appreciated.



## **CAMP BARNEY MEDINTZ EARNS HIGHEST ACA-ACCREDITED CAMP STATUS FOR 2014**

**Cleveland, Georgia - Camp Barney Medintz Camp Barney Medintz has achieved the highest level of accreditation status from the American Camp Association (ACA). Currently, only one quarter of the camps in the United States have earned this distinction.**

“Over five million children attend summer camp each year,” noted John Miller, ACA Executive Vice-President. “Checking to see that a camp is ACA-Accredited should be a top priority when parents and children begin looking at summer camps.”

ACA’s accreditation program requires review of every facet of the camp operation. Over 600 standards related specifically to camp are required concerning the operations of site and facilities, personnel, programming and activities, health care and management practices. A camp must comply with every applicable mandatory standard. These standards relate directly to health and safety issues. In addition, camps must achieve a score of at least 90 percent of these mandatory standards to earn accreditation.

Every three years, trained ACA camp professionals not affiliated with the camp seeking accreditation, observe the camp while it is in operation and compare its practices against the standards for the industry. They scrutinize every aspect of the staff, facility, medical services, food service and supplies and equipment for each program area in camp.

By becoming accredited, Camp Barney Medintz has demonstrated it is committed to the highest standards established for the camp industry. “ACA’s standards program is nationally recognized and constantly updated to reflect the latest state-of-the-art in camping.”

“Parents can be certain by choosing this accredited camp, many important questions have already been asked - and satisfactorily answered - in ways that show the management cares about their children,” Miller said.

The American Camp Association is an 8,000+ camp member, not-for-profit organization committed to the continuing values and benefits unique to the camp’s setting. Its membership encompasses all segments of the camp movement including not-for-profit agencies, private, entrepreneurs, religiously affiliated organizations and public/municipal agencies.

## ADJUSTMENT TO CAMP

Upon arrival at Camp Barney Medintz, it is common for all campers - new and returning - to require some adjustment. Some campers may immediately become homesick and might express feelings in the first or second letter home to you. In fact, homesickness is NORMAL! It's often about being away from all that is familiar and suddenly encountering new places, new faces, new systems and a change in routine. It's common for adults, too!

Experienced campers may initially compare their first impressions to a previous counselor, camp, or fellow campers. Also NORMAL! Some kids adjust sooner than others but, generally, campers become truly comfortable when more and more about Camp becomes familiar.

Our Staff will be ready to respond to campers upon their arrival. Some kids need "quiet time" at first with reduced instructions and stimuli, and some want to know "everything right away!" Still, others feel fine once they are "connected" with the counselor, campers in their cabin, the infirmary, cubby space/bed, facilities and activities and routines. That's why the "First Letter Home," especially if "distressful," is often a very premature (and sometimes a very dramatic) reaction! Wait for the "second letter home" and call us if you're still concerned.

Meanwhile, you may choose to build excitement and/or reduce anxiety by doing some pre-camp preparation. Express your confidence in your child's ability to take care of himself or herself, knowing that asking for help is perfectly OK. Send along familiar items from home. Talk about the adventures awaiting your child, reuniting with old friends or making new ones (and which qualities your child possesses which other kids would be drawn to). Consider visiting Camp Barney Medintz during our two **Open Houses**. This opportunity will not only "diminish the mystique" of sleep-away camp, but also enable the whole family to familiarize with and play at Camp! (This opportunity annually welcomes many new and returning CBM families).

Help your child understand our **THREE RULES** at Camp Barney Medintz:

**(1) There is no abuse to living things; This includes : physical, psychological, emotional, sexual; bullying, harassment, neglect, etc.**

**(2) There is no abuse to the environment; This includes: purposely damaging our natural environment, other camper's or staff's property, or Camp Barney property.**

**(3) No illegal drugs or alcohol is permitted on CBM property. Campers (and staff) who violate these rules will be returned home immediately without refund. (And, see "What NOT to Bring" on page 11.)**



If you wish to discuss your child's experience at Camp, you are welcome to call the Camp Barney Medintz Camp Director, write your concerns in the "*Camper Confidential Questionnaire*," or drop by the Camp Barney office with your child and we'll determine together how we can best help your child have a fabulous experience at Camp Barney Medintz.

## **"SAMPLE" DAILY SCHEDULE**

<b>8:00 A.M.</b>	<b>BREAKFAST</b>
<b>8:45</b>	<b>CABIN CLEAN-UP, INFIRMARY MEDS.</b>
<b>9:15</b>	<b>HORSEBACK RIDING</b>
<b>10:30</b>	<b>WATER-SKIING</b>
<b>11:45</b>	<b>THEATRE PRODUCTION</b>
<b>1:00 P.M.</b>	<b>LUNCH</b>
<b>1:45</b>	<b>REST HOUR/MAIL/CANTEEN</b>
<b>3:00</b>	<b>ARTS &amp; CRAFTS</b>
<b>4:15</b>	<b>MOUNTAIN BIKING</b>
<b>5:15</b>	<b>FREE SWIM</b>
<b>6:00</b>	<b>DINNER</b>
<b>6:45</b>	<b>FREE PLAY (E.G., BOATING, TENNIS, ROLLER HOCKEY, "THE BLOB")</b>
<b>7:45</b>	<b>EVENING PROGRAMS (E.G., SPORTS LEAGUES, DANCES, MOVIES, TALENT SHOW, "THE HURRICANE", TEVA)</b>
<b>9:00</b>	<b>"MILK LINE" (LATER FOR OLDER CAMPERS)</b>
<b>9:45</b>	<b>CABINS-IN (LATER FOR OLDER CAMPERS)</b>

**THE SCHEDULE WILL VARY SOMEWHAT DURING SHABBAT, TRIP DAYS, FOR CAMPOUTS AND CAMPWIDE PROGRAM DAYS.**

# LIMITS AND CONSEQUENCES FOR CAMPERS

Camp Barney Medintz is dedicated to providing a safe environment where campers can grow, learn, play and discover. Kids understand that there are certain rules at Camp, which help to ensure that in this place, they will indeed feel physically and emotionally safe. They are generally terrific about following these rules and embrace our high standards of how we treat each other in our “community” each summer at Camp Barney. We need your help as parents to continue this great tradition by preparing your child(ren) for the limits and consequences of behavior at Camp.

## **1. WE WILL RESPECT ALL LIVING THINGS – K’VOD: “RESPECT”**

We have created an expectation of RESPECT of all living things at Camp Barney, which means that no person, camper or staff member will ever hurt another person physically, sexually or psychologically. We will treat all animals with respect, too. In communicating our seriousness about this, all staff members are repeatedly told (during their interview, on their employment contract, during our pre-camp training sessions, throughout the summer) that they will be dismissed immediately should they break this rule. Similarly, campers know that the Camp Director will call their parents and, in all likelihood, they will need to be sent home, without refund, should they break this rule.

## **2. WE WILL RESPECT THE ENVIRONMENT – K’VOD: “RESPECT”**

We are protective of SPACES at Camp Barney: the natural spaces which grow all around us, the activity spaces we use for all of the adventures at Camp as well as one’s bed and cubby to keep personal possessions. We will ensure that these spaces will be protected from deliberate destruction or intrusion by reinforcing everyone’s right to feel safe. We will have your child phone you to explain his or her actions should this rule be violated and together, you and the Camp Director will determine if the consequence is to return home, pay for identified damages, etc.

## **3. ALCOHOL AND ILLEGAL DRUGS**

Campers need to know that while they are with us, they are completely safe from the effects of alcohol and other drugs. They know that the staff will always be and “on duty” in Camp and we require the same things from our campers. Therefore, alcohol and other drugs may not be possessed or used at Camp Barney Medintz and the consequence for possession or use will be immediate expulsion from Camp, regardless of time of day or inconvenience to the camper’s family.

Cigarettes are considered a dangerous possession for campers at Camp. They endanger a child’s long-range health and they pose an immediate danger of fire. No camper may possess any smokable substance, matches or lighters.

## **4. SEXUAL BEHAVIOR**

Campers in our older units will be told that Camp Barney is a place for them to grow, learn, and explore their own capabilities and their relationships with others. They will be told that Camp is not a place to experiment sexually. They will hear that any behavior beyond discreet hugging and kissing (fully dressed of course) is not permitted.

When we talk about this at Camp, it is in the context of creating an emotionally safe place. We want kids to get a break from the sexual pressures they are exposed to from electronic sources, movies, school, TV and elsewhere. We are trying to give them a chance to be a kid in a way that is responsible but not prematurely adult. Furthermore, we are not telling kids that sex is “bad” or “immoral” but rather, we believe that Camp is not the place for them to advance themselves sexually.



This is a challenge for some campers to accept, particularly if they are already sexually active at home. It is also a challenge for campers to feel peer pressure to try new things at Camp. We believe that if we set up a clear limit on sexual behavior, kids will be able to use our official rule as a way to say “no.” If campers exceed this limit, they will meet with the Camp Director to discuss the implications of their behavior which will include calling you or even being sent home, depending on the situation.

## **5. “SNEAKING OUT”**

Sneaking Out is when kids leave their cabin at night and go somewhere else. For some, it’s a playful way to flaunt the “Authority” at Camp. (Especially if their parents share childhood stories of their days at Camp!) For others, it is a way to rendezvous with campers in another village or even “prank” another cabin. But whatever the motivation, we feel that “sneaking out” is unsafe behavior and do not allow it.

Running through the woods at night is clearly unsafe. And, we are concerned about what it feels like to be a child, asleep in a bunk at night and to have other kids come bursting in. Or, to discover your possessions have been tampered with or destroyed (see Number 2).

We hope that you will explain this to your child before he or she comes to Camp. We have lots of well-planned adventures for kids at Camp Barney, under the supervision of our staff. We want campers to understand that this rule against sneaking out is for both their own safety and the emotional safety of everyone else at Camp, and if they cannot live within this limit we may have to send them home (with no refund, of course). As a way of communicating how seriously we take the issue of safety at Camp, we will have your child call you to determine if he or she is capable of remaining at Camp and following rules.

## **6. THE INTERNET!**

**Cyber-bullying** is out there and we must be committed to being aware and eliminating this destructive communication. **Facebook** and other social networking sites are excellent forms of communicating, posting photos and information. But, revealing inappropriate photos and information is potentially dangerous and “forever accessible.” Campers and staff must remove any inappropriate content to protect themselves. (NOTE: [www.campbarney.org](http://www.campbarney.org) is the only “official” Camp Barney Medintz web site and is the only official Camp Barney Medintz Facebook site).. **Cell phones and devices with a screen that connect to the Internet** at camp are a bad mix and they are not permitted by campers. You trust us to care for your child(ren) and encouraging them to experience and grow without routine communication that you enjoy the other months of the year. And, with most cell phones having photo capabilities, and internet access, we must protect campers from the potential of inappropriate pics and abuse which, if uploaded on the internet, is destructive and “forever accessible.”

## **7. PARENT INVOLVEMENT WITH CONSEQUENCES FOR CAMPERS**

One of the goals at Camp Barney is to help children learn to be responsible for their own behavior. Consequently, in most situations, the Camp staff will try to solve behavioral problems without calling parents. This is different if a child exceeds the kind of limits discussed here. In those cases, parents will share in the consequences. Again, we feel that kids generally do a great job of respecting these limits which ultimately helps protect everyone’s emotional and physical safety in our camp community. Please go over these “Limits and Consequences” with your child(ren) so that Camp Barney remains a place that is safe, incredibly fun and feels good for everyone!

## FAMILY CAMP

It's like four weeks of Camp Barney squeezed into four days and three nights of fun and "freylach," all amidst the beautiful North Georgia Blue Ridge Mountains! Some activities are designed just for kids, some just for parents, and some for the whole family. Swimming, boating, tennis, water-skiing, crafts, rock-climbing, bar-b-ques, "The Blob," and much more! All lodging, buffet meals and activities included.

The weekend begins with a special Shabbat dinner which creates a warm mood to reinforce the Judaic spirit at Camp Barney Medintz. Each family lodges in a rustic but comfortable cabin. Space is limited for these annual and unique family vacations. **Family Camp is always Labor Day weekend.**

## RETREATS

Camp Barney Medintz is available for organizations and special occasions during the non-summer months each year. Special fees include all lodgings, meals and activities. If you are interested in reserving a weekend in the magnificent North Georgia Mountains for your group, family reunion, wedding, Bar or Bat Mitzvah between mid-August and mid-September or between mid-April and mid-May please call the Camp Barney office at (770) 395-2554.

# REMINDERS

## **THE FOLLOWING FORMS WILL BE DUE APRIL 1ST**

(These forms are available on your camper's individual account)

- Travel Form
- Confidential Camper Questionnaire and Photo
- Balance of Fees (due April 1, 2015)
- Health History
- Immunization, Parent Authorization, Physician Authorization
- Code of Ethics (appropriate to age)
- Trip Waivers (specific to your camper)
- Cabin/Unit Photo Envelope – Please send directly to photographer

## **Available For Purchase**

- Nalgene Bottle, Crazy Creek Camp Chair, CBM Blanket, CBM Clothing
- Sealed with a Kiss gifts for campers
- Name Labels for your children's clothing

## **THE FOLLOWING MATERIALS WILL BE MAILED TO YOU BEFORE CAMP**

- Luggage Tags – Attach to each piece of baggage. These are color-coded and enable us to deliver baggage to the proper "village" at camp.

## **DON'T FORGET!**

- Open Houses will be held in May. Details to come soon – come visit us!
- Mark all your child(ren)s clothing and equipment (full name)
- Write your child(ren) as often as possible!