



#### This Week's Activities

Friday	Saturday	Sunday	Monday
Hebrew Word of the Week	Parsha D'var Torah + Parsha Video	There's a Blessing for That Part II	Rugelach in the Old City Kitchen
Tuesday	Wednesday	Thursday	Ongoing
Shadow Art	Improv with Theatre Staff	GIs and more with  Nature Staff	Community Art Project S'Bread the Love

### Kavod (Respect): כַּבוֹד

Each week will feature a series of questions for Parents to engage in a conversation with their children about the week's theme. This week's theme is "Respect". Below you can find both activities and guiding questions to accompany the document.

#### Parents Guide: Questions for family discussion

- What does respect mean to you?
- What are examples of respectful behaviors? Can you give an example?
- What are ways you show respect to your family? Friends? Neighbors? Can you gives examples?
- What are ways that you respect the world around us? Can you give an example?
- Describe one person you respect in your life. What does this person do to earn your respect? Can you give examples?





### **Friday**

### Hebrew Word of The Week Summer (Kayitz) : קיִץ

#### Instructions

- 1. **Practice:** Practice saying the Hebrew Word of the week with your family and friends from camp.
- 2. **Hebrew Word of the Week Daily Challenge:** replace the word "Summer" for the hebrew word "אַן יַץ". See if you can do that for an entire day!
- 3. **Hebrew Word of the Week, Weekly Challenge**: Already know the hebrew word of the week? Challenge yourself to learn the different seasons in Hebrew. Click <a href="here">here</a> to watch a video, where you can learn them!

#### **Discussion Topics:**

- Thinking about your family values- is respect part of those values? Why or why not?
- What are ways that you show respect when you are at summer camp? How does that differ from the ways you show respect during other times of year? Can you give examples?
- What are ways that you can show your respect for others this summer? Can you give examples?

### June 26th - July 2nd

### Saturday

# **Parsha**

#### Korach

In this week's *parsha* we learned about the rebellion of Korach, Dathan, and Abiram. The Torah tells us exactly how they rebelled against Moses and Aaron, but doesn't tell us why these men rebelled. One would think this is important information, and it is surprising that the Torah gives no explanation for the rebellion. Some of our ancient rabbis guessed that Korach and his followers were upset about the offerings that they would have to bring for God. Other rabbis have suggested that there wasn't any reason at all for the rebellion except Korach's hunger for power.

Perhaps the Torah is trying to teach us that the reasons behind the rebellion don't matter; they are not the point of the story. What is important, what is the point, is the act of rebellion itself, and how Korach and his followers went about it. Rather than approaching Moses privately with their grievances to try to work out their issues, they confronted him publicly. They were argumentative and insulting. This, by the way, is why the rabbis suggest that Korach was interested in power, not in resolving issues.

It is interesting to note Moses's reaction to this challenge. Though he had every right to be angry and hurt, to strike out against those who rose up against him, he refrained. Moses remained composed, and rather than appealing to God to immediately punish those involved in the rebellion, he attempted to reason with them. Moses spoke to Korach, but got nowhere. He didn't give up. He then sent for Dathan and Abiram, but they refused to appear and responded to Moses in a very insulting manner. In the end, despite Moses' best efforts, there was no way to reason with people whose objective wasn't problem solving, but rebellion. When that became clear, Moses did his best to minimize the damage and save those around him, but even so, many people were hurt.

At camp or with our families at home, problems arise all the time. It is our job to respect the feelings of our friends, neighbors and family members when we are trying to resolve any issue that comes up. Let Moses be the example of respect that we can all learn from!<sup>1</sup>

#### Parsha Korach Video:

Looking for a different perspective? Check out a video from Parsha Korach here.

<sup>&</sup>lt;sup>1</sup> Adapted from JCC Association TAG Curriculum





# Sunday There's a blessing for that?

#### There's a Blessing for that?

**Instructions**: Did you know that there are many blessings in Judaism for different experiences? This section will feature different blessings that Judaism has to offer for nature's wonders. This week we will explore four different blessings for seeing beauty in nature.

#### Blessings of the Week:

#### Upon hearing thunder (or upon seeing a storm):

Barukh Attah Adonai Eloheinu Melekh Ha'olam, she'kocho u'gvurato maleh olam Praised are You, Eternal our God, Ruler of the universe, Whose power and might fill the whole world.

#### Upon hearing good news

Barukh Attah Adonai Eloheinu Melekh Ha'olam, ha'tov v'ha'may'tiv Praised are You, Eternal our God, Ruler of the universe, who is good, and is the source of good.

#### **Blessing on Smelling Plants or Herbs**

Barukh Attah Adonai Eloheinu Melekh Ha'olam, boray isvay vesamimlma Praised are You, Eternal our God, Ruler of the universe, who creates fragrant plants

#### Upon traveling to a foreign place

Barukh Attah Adoni Eloheinu Melekh ha'olam, shomer ha'nos'im Praised are You, Eternal our God, Ruler of the universe, who protects wayfarers

#### **Discussion Topics:**

- Practice: Above you can find blessings in both English and Hebrew. Practice saying the blessings together as a family.
- Print: Write these blessings on an index card, piece of paper or poster board and decorate them as a
  family. Be sure to bring them on a next family outing so you can say a blessing while experiencing
  nature's wonders.
- There's a Blessing for That Challenge: As you go for a family walk, trip to the beach, family drive, family hike or different family adventure- practice saying one the blessings for hearing great news or smelling a plants or herbs that you experience together.
- **Discussion Question:** This week's theme is Resect or Kavod in hebrew. These blessings help us show respect and honor for the world around us. What are the ways as a family that you show respect or honor nature's wonders? Can you give a few examples?

### June 26th - July 2nd

### Monday



Originally from Jewish communities in Poland, rugelach has now become a popular pastry enjoyed around in the world including in the United States and Israel. This particular recipe from the Old City Kitchen is particularly decadent, filled with chocolate and brownie crumbs. Check out an instructional video from Wendy Fox and Meredith Hegarty from the Old City Kitchen on our Facebook and YouTube at 2PM on Monday.

#### Rugelach Recipe

#### Instructions

- 1. Mix the brownie ingredients together and bake for 30 minutes at 350°F. The brownies should still be gooey.
- Mix the dough ingredients together and form 4 balls.
   Wrap them in saran wrap and leave them overnight in the refrigerator.
- 3. Mix the chocolate filling ingredients together until they reach a batter consistency.
- 4. Take 1 ball of dough out of the refrigerator and let it sit for 15 minutes.
- 5. Flour the counter and your rolling pin.
- 6. Roll out dough 12 inches in diameter and about 1/2 inches thick.
- 7. Spread a thin layer of chocolate filling over the top of the dough and top with brownie crumbs.
- 8. Use a pizza cutter to make 16 triangles.
- 9. Roll up the triangles starting with the bigger end rolling to the middle.
- 10. Put small rolls on a cookie sheet (using parchment or silpat). Place the rolls with the point on the bottom (so they don't unroll while baking).
- 11. Brush with egg wash.
- 12. Bake at 350°F for 20 minutes.

If you're not a chocolate fan, you can make an alternative filling with 1 cup of brown sugar, 1 cup of finely chopped walnuts, and 1 tsp of cinnamon.

#### **Dough Ingredients**

- 8 oz cream cheese
- 2 sticks softened butter
- 2 cups all purpose flour
- 2 tbsp sugar

#### **Chocolate Filling Ingredients**

- 1 cup Hershey special dark cocoa
- 2 cups sugar
- 2 sticks softened butter (not melted)
- 1 egg
- 1 box instant chocolate pudding powder
- ½ cup water

#### **Brownie Ingredients**

- 2 sticks softened butter
- 2 cups sugar
- 2 tsp vanilla
- 4 eggs
- ¾ cup Hershey special dark cocoa powder
- 1 cup all purpose flour
- ½ tsp baking powder
- ½ tsp salt

#### **Discussion Topics:**

• How do you show respect for one another while cooking in the kitchen? Can you give examples of ways you show your respect while cooking?

### June 26th - July 2nd

### Tuesday

# Shadow Art

Create a found object sculpture that looks like a hunk-o-junk but the shadow it casts looks like a portrait of a person or thing you respect from camp! The sculpture can be made from anything you find in your home or yard. It can be a single item or a hundred! Likewise, you can use anything from the sun to a flashlight to cast your shadow portrait. You can also help your shadow become the person or thing you respect with props or ink and paper.

#### **Supply List**

- Random Objects
- Plain paper
- Markers, crayons, pencils, or other drawing tools.

#### Instructions

- 1. Think about someone or something that you respect from Camp Barney Medintz. It could be a great friend or an excellent counselor. Maybe it's an important tradition like Havdalah or a building.
- 2. Find a spot where you can create good shadows. This might be outside where the sun shines against a wall or inside using a lamp or flashlight.
- 3. Using random objects, create a sculpture that throws a shadow that looks like the person or thing. If you'd like to get really creative, you can use objects that remind you of the thing you're sculpting.
- 4. To complete your artwork, put a piece of paper up where the shadow is being thrown. Draw in additional details around the shadow and then take a picture of your artwork!

#### **Examples**



Source: The Guardian



Source: Vincent Bal



Source: Vincent Bal



Source: Vincent Bal

#### **Discussion Topics**

- When you think of people and things that you respect from Camp Barney, who or what comes to mind? What memories helped you think of these specific people and things? What qualities do they have that caused them to earn respect from you and the camp community?
- What can people discover about your subject just by looking at your shadow portrait?
- Did you try to portray what you respect about your subject in your sculpture or shadow? What challenges did you face?





# Wednesday Improv Games

This week's Improv Game is "Ten Strikes and You're Out!" This game is about exploring our individuality and embracing each other's differences. Respecting others means acknowledging what you have in common with them, but also embracing what makes you different. During this game you'll have an opportunity to learn about things that you have in common and different with fellow players.

Our distinguished former Assistant Theatre Director Ben Goldklang and some of our excellent CBM staff have put together a video demonstrating how you can play this game with friends and family over Zoom or other video chat. We'll air this video on Wednesday at 2PM on our Facebook page and YouTube.

#### Instructions

- 1. Each person in the group should hold up ten fingers indicating how many "strikes" they have left.
- 2. One at a time, each person in the group should say something that is true about them, but may not be true for the other people in the group. For example, they might say "I've been going to Camp Barney since Kochavim."
- 3. Anyone who doesn't share that thing in common with that person must put down one of their fingers. In our example, this would mean that anyone who hasn't been going to Camp Barney since Kochavim would put a finger down.
- 4. Now the next person in the group shares something that's true about them.
- 5. If anyone runs out of fingers, they're out for the round.
- 6. The last person who still has at least one finger up wins.

#### **Discussion Topics**

- Do you respect people who have more in common with you or less?
- What kinds of things did you think about when you were trying to come up with something that would be different from the rest of the group?





# Thursday



At Camp Barney, every cabin takes part in "Group Initiative" activities or "GIs." Through games and conversations, cabins learn to communicate with each other, work together, and empathize with one another as a team. This week, Lenore Alexander, the 2019 Head of Nature, will show you how to do the always popular, Raging River GI.

We'll air this video on Thursday at 2PM on our Facebook page and YouTube.

#### **Supply List**

- One 12"x12" carpet square or piece of cardboard for each person in the group.
- Two ropes for marking the start and finish lines.

#### Game Objective:

• Cross a raging river (between the start and finish lines) on magic rafts

#### Rules:

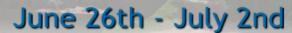
- 1. If any part of any person touches the river, everyone will be swept back to the start.
- 2. If at any point (even if only for a moment), a raft is in the river and nobody is touching it, the raft will be swept away.
- 3. Rafts may be picked up, but they can't be dragged or slid.

#### Instructions

- 1. Define a start and finish line using border ropes or cones. For every person in your group set the lines another 5' apart.
- 2. Position the group on one "bank" of the river (on one side of the start line) and explain the rules and objective.
- 3. For an easy challenge, give the group one raft for each member of the group.
- 4. For a moderate challenge, give them three rafts for every four people.
- 5. For a significant challenge, give them one raft for every other person.
- 6. Monitor the group carefully throughout the activity and enforce the rules. Most groups make a lot of mistakes when they are almost at the end. There are many important things that the campers can learn from this during debrief.
- 7. Most groups complete this challenge by forming a line. The person at the front of the line lays tiles down and the person at the back picks them up and passes them down the line to the person at the front. Typically groups will communicate with each other to avoid leaving any squares unattended.

#### **Discussion Topics**

- How did we decide what order to go in?
- Who performed what tasks for the group?
- How did we handle it when someone made a mistake? Did we treat them respectfully?
- How did we help each other to avoid making mistakes?





We'll be uploading the activity guide for July 10th - July 16th to <a href="mailto:CampBarney.org/Summer2020">CampBarney.org/Summer2020</a> on Friday, July 10th.