

# Camp Barney Melintz

Est. 1963

## Parent Handbook 2023

“Our Summer Place”

RESIDENT SUMMER CAMP of the  
MARCUS JEWISH COMMUNITY CENTER of ATLANTA



## IMPORTANT DEADLINES

Immediately	Make an appointment with a physician to complete camp physical on time. If your child's exam is scheduled after April 1, please complete the <b>Physician Exam Date</b> form to let us know when to expect the Physician's Examination form.
April 1	Camp electronic forms must be completed and submitted to the camp office via <a href="#">your camp account</a>
May 5	Medications for all June campers must be submitted through your <a href="#">camp account health history form</a> . Prescriptions must be received by True Pharmacy. Please review the <a href="#">Medications</a> section for more information.
June 5	Medications for all July campers must be submitted through your <a href="#">camp account health history form</a> . Prescriptions must be received by True Pharmacy. Please review the <a href="#">Medications</a> section for more information.

Please note that there is quite a bit of processing required after forms are submitted. Please provide our office and medical staffers with sufficient time to do so by submitting forms on time as outlined in the "[Reminders](#)" section.

Thank you for your collaboration!

## DIRECTOR'S FOREWORD

Dear Campers and Parents,

Welcome to the Camp Barney Medintz family, and welcome to Our Summer Place!

We are so excited that you will be joining us! Our staff has been working hard, preparing summer 2023 at Camp Barney to be a terrific summer.

Our campers and staff will be joining together to share in a community built on Judaism, fun, connection, friendship, and fun.

The information in this handbook will help you prepare for the summer and will answer many questions prior to your child's arrival at camp.

We look forward to seeing your children at camp!

Sincerely,

Danny and The Camp Barney Medintz Team

Camp Winter Office:	(706) 865-2715
Camp Summer Office:	(678) 812-3844
Online:	<a href="http://www.CampBarney.org">www.CampBarney.org</a>
General Questions:	<a href="mailto:Summer@CampBarney.org">Summer@CampBarney.org</a>
Community Care Team:	<a href="mailto:CommunityCare@CampBarney.org">CommunityCare@CampBarney.org</a>
Marcus Health Center Team:	<a href="mailto:MarcusHealthCenter@AtlantaJCC.org">MarcusHealthCenter@AtlantaJCC.org</a>
Travel Questions:	<a href="mailto:Fran@CampBarney.org">Fran@CampBarney.org</a>

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# Camp Barney Medintz

Overnight Camp of the Marcus Jewish Community Center of Atlanta

Camp Barney Medintz is accredited by the American Camp Association, the only nationwide organization that accredits all types of organized camps.

## Our Year-Round Team

Executive Director	Danny Herz
Associate Director	Dave Weinberg
Assistant Director (Units/Campers)	Emily Shapiro
Assistant Director (Specialty Areas)	Josh Orphanidys
Community Engagement Director	Debbie Jacobs
Business Operations Director	Rachel Salba
Office Manager	Lisa Light
Food Service Director	Kate Stansfield
Registrar and Travel Coordinator	Fran Harrell
Business Operations Assistant	Eliya Brog
Special Projects	Mark Balser

### Winter Address

(August 15 – May 15)  
5342 Tilly Mill Road  
Dunwoody, GA 30338  
(678) 812-3844  
[www.campbarney.org](http://www.campbarney.org)

### Summer Address

(May 15 – August 15)  
4165 Highway 129 N.  
Cleveland, GA 30528  
(706) 865-2715  
[summer@campbarney.org](mailto:summer@campbarney.org)

CBM and the MJCCA are non-profit agencies funded in part by the Jewish Federation of Greater Atlanta.

Camp Barney Medintz welcomes campers and staff of all races, religions, abilities, sexual orientations, and gender identities.



# Our Camp Philosophy

## WELCOME

We are thrilled that you have chosen to be a part of the Camp Barney Medintz family and honored that you trust us with your child. We take that responsibility very seriously, and we look forward to partnering with you to help every camper have a successful and meaningful experience at Our Summer Place.

We encourage you to read through this information as we hope it will answer most of your questions. Of course, if you have others, please contact us at [summer@campbarney.org](mailto:summer@campbarney.org).

## GUIDING PRINCIPLES

### OUR MISSION

To provide a nurturing summer home where campers find or enhance their personal connection to Judaism while developing independence, practicing acceptance and inclusion for others, and building their own Jewish community of peers and mentors that will last a lifetime.

### OUR VISION

To cultivate the next generation of young Jewish people who will make a positive impact in the world.

### OUR VALUES

#### Community

*Camp Barney is a space for everyone to feel welcome. At camp, we develop meaningful connections, embrace differences, take care of each other, and show support and appreciation for our camp community.*

#### Self-Discovery

*Camp Barney is a place to feel safe, physically and emotionally. We challenge ourselves to become independent and confident while discovering the best version of ourselves.*

#### Joy

*We are most open to learning and growing when we are having fun. Camp Barney is a place to play together and experience true joy.*

#### Making a Positive Difference

*We share an obligation to take care of the community around us – its environment and its people – with the goal of making a positive impact. We aim to think of others and make our interactions positive, knowing we are always trying to improve.*

#### Jewish Identity

*Camp Barney makes Judaism approachable so that everyone in our community can connect to traditions and culture in a way that is both meaningful and comfortable. We expose our community to the array of Jewish experiences among us and around the world.*

#### Integrity

*Camp Barney's community prioritizes treating people, animals, and the environment with kindness, compassion, and empathy. We emphasize making good choices, even when no one is watching.*



## COMMITMENTS AND CONDUCT

Before camp, we require every camper and staff member to acknowledge and agree to the following commitments to our community:

### My Commitment to Camp Barney Medintz:

1. I will treat everyone with kindness and respect.
2. I will help others feel welcome and valued.
3. I will embrace people who are different from me and the things that make each of us unique.
4. I will be present and connect with the people at camp.
5. I will challenge myself to have new experiences.
6. I will take care of my body, mind, and soul.
7. I will think about the physical and emotional safety of others before I act.
8. I will strive to make a positive impact in my community and help make the world a better place.
9. I will show appreciation for the Jewish traditions we share.
10. I will have fun and help others find joy.



### I understand that the following behaviors are strictly prohibited at Camp Barney Medintz:

- Creating or encouraging an unsafe environment
- Physical violence directed at any person or animal
- Verbal abuse or sexual harassment
- Physical relationships between a staff member and a camper
- Possessing firearms or other weapons
- Use or possession of alcohol or illegal drugs

**Please note:** This list above outlines our zero-tolerance rules for all CBM campers. This is not a comprehensive list of our rules, but rather illustrates the behaviors that will directly result in dismissal from camp.

By signing the Camper Contract in your Camp Account, your camper agrees that they will not break any of the rules above, and they understand that if they do, they will not be allowed to stay at camp.

## ACA ACCREDITATION

Camp Barney Medintz is a member of the American Camp Association and has achieved accreditation status by completing a voluntary peer review process of standards applicable to our program.

### **Fun And Safety — ACA Camps Set the Standard**

ACA Accreditation means that the camp cares enough to undergo a thorough (up to 290 standards) review of its operation — from staff qualifications and training to emergency management. American Camp Association® collaborates with experts from the American Academy of Pediatrics, the American Red Cross, and other youth-serving agencies to assure that current practices at the camp reflect the most up-to-date, research-based standards in camp operation. Camps and ACA form a partnership that promotes summers of growth and fun in an environment committed to safety.

ACA helps accredited camps provide:

1. Healthy, developmentally appropriate activities and learning experiences
2. Discovery through experiential education
3. Caring, competent role models
4. Service to the community and the environment
5. Opportunities for leadership and personal growth

### **What's the difference between state licensing of camps and accreditation by ACA?**

Accreditation is voluntary and ACA accreditation assures families that camps have made the commitment to a safe, nurturing environment for their children. Licensing is mandatory and requirements vary from state to state. ACA standards are recognized by courts of law and government regulators as the standards of the camp community.

### **How do ACA standards exceed state licensing requirements?**

ACA goes beyond basic requirements for health, cleanliness, and food service into specific areas of programming, including camp staff from director through counselors, emergency management plans, health care, and management. ACA applies separate standards for activities such as waterfront, horseback riding, and adventure and travel.

What are some of the ACA standards that camps rely on?

1. Staff to camper ratios are appropriate for different age groups
2. Goals for camp activities are developmentally based
3. Emergency transportation available at all times
4. First-aid facilities and trained staff available when campers are present



# Preparing for Camp

## 2023 SUMMER SESSION DATES

### 4-Week Sessions

Open to campers completing Grades 2-11

First Session: Sunday, June 4 – Thursday, June 29

Second Session: Monday, July 3 – Friday, July 28

### 2-Week Sessions

Sessions A and B are open to campers completing grades 2-7

Sessions C and D are open to campers completing grades 2-3

A: Sunday, June 4 – Thursday, June 15

B: Sunday, June 18 – Thursday, June 29

C: Monday, July 3 – Friday, July 14

D: Monday, July 17 – Friday, July 28

### 1-Week Sessions (CBM Experience)

Open to campers completing grades 1-4

CBMX-A: Sunday, June 4 – Friday, June 9

CBMX-B: Sunday, June 11 – Friday, June 16

CBMX-C: Sunday, June 18 – Friday, June 23

### Chalutzim

Open to campers with special needs

4-Week Session (ages 12-22): Sunday, June 4 – Thursday, June 29

2-Week Session (ages 12-22): Sunday, June 4 – Thursday, June 15

1-Week Session (ages 10-22): Sunday, June 4 – Friday, June 9



## FINANCIAL AID AND SCHOLARSHIPS

Scholarships and the One Happy Camper and P.J. Library Incentive Grants may be available to help cover tuition. Out-of-town families may wish to pursue grants, endowments, and scholarship opportunities through One Happy Camper, local JCCs, Jewish Federations, Jewish Family Services, regional foundations and endowment funds, Temples and Synagogues. [Additional details are available on our website.](#) For more information, you are welcome to pursue a confidential conversation with [Barbara Vahaba](#), Financial Assistance Coordinator, at (678) 812-4142.

## REMINDERS

These forms are available in your Camp Account. If you have questions, contact [CBMforms@campbarney.org](mailto:CBMforms@campbarney.org).

### Due March 1

1. Confidential Camper Questionnaire
2. Current Camper Photo

### Due April 1

1. Balance of Fees: Payment in full is due by April 1, 2023, unless prior arrangements have been made. For more information, contact [Fran Harrell](#): (678) 812-3846.
2. Health History
3. Physician Examination
  - a. If your child's well visit is scheduled after April 1, please complete the Physician Exam Date form so that we can keep track of why the form is delayed and when to expect it.
4. Dietary Form
5. Camper Contract
6. Travel Form
7. HIPPA

### Optional/may be necessary for your campers

1. True pharmacy (only necessary if your child will be taking medication at camp). We will be sending an email with details on this process shortly. This process must be completed by May 5<sup>th</sup> for June campers and June 5<sup>th</sup> for July campers.
2. Parent Vacation Form (only necessary if you will be traveling while your child is at camp)
3. Summer Pickup/Dropoff Form (only necessary if you will be picking your child up or dropping your child off during their camp session and not on their established first or last day of camp)
4. Bar/Bat Mitzvah form (only necessary if your child will have Bar/Bat Mitzvah coaching at camp)
5. Trip waivers (we will let you know if this applies to your camper)

## PACKING FOR CAMP

Please be sure each item is clearly marked with your camper's first and last name (not initials!). All clothing and personal items should be plainly marked with indelible markers or labels. Please also write your camper's name on their laundry bag with indelible markers.

Built-in cubby space is provided in each cabin for storage. On average, each camper will have four deep cubbies for their belongings.

The temperature at camp is quite nice, allowing for shorts and T-shirts during the day (85-95 degrees). Slightly warmer clothing may be recommended during mornings and evenings (65-75 degrees) in the earlier part of the summer.

Please limit luggage to **two (2)** pieces per child. We only allow **soft-sided duffel bags** at camp to allow for easier storage. No trunks! We recommend large duffel bags or any other type of soft-sided luggage. Many families find luggage at an Army Navy Store or online. If you are shipping your bags or flying with them, please review luggage size limit information in pre-camp travel emails.

We recommend you send clothes that you do not mind getting dirty or stained. Most activities occur outdoors, and that Georgia red clay just can't be avoided!

Parents: Please supervise packing your child(ren)'s luggage! We encourage children to assist with packing their luggage.

## SUGGESTED PACKING LISTS

### 1 WEEK PROGRAMS:

[CBM Experience Packing List](#)

### 2 WEEK PROGRAMS:

[Kochavim \(2 Week Campers Completing 2nd-3rd Grades\) Packing List](#)

[Youth 2 Weeks \(2 Week Campers Completing 4th - 6th Grades\) Packing List](#)

### 4 WEEK PROGRAMS:

[Moshavim, Rishonim, Shomrim, and Giborim \(Completing 2nd - 6th Grades\) Packing List](#)

[Chaverim, Tsofim, and Alufim \(Completing 7th - 9th Grades\) Packing List](#)

[JIT \(Completing 10th Grade\) Packing List](#)

Please note that many items are available for purchase from [our online store](#).

## WHAT NOT TO BRING

Campers and staff may not bring anything to camp that is dangerous and could cause injury or destroy property. **Those who bring illegal drugs, alcohol, fireworks, or weapons of any kind will be dismissed.**

Other items indicated below are **inappropriate for camp and therefore not permitted**. Should they be discovered, they will be taken away and/or discarded, and we will contact you to discuss whether your child will be permitted to remain at CBM.

### PROHIBITED ITEMS INCLUDE:

Cigarettes, e-cigarettes, lighters, vape pens, matches

[Cell phones are prohibited while at camp](#)

Walkie-Talkies

Pocket Knives

Food, sodas, candy, etc.

Any electronic device capable of video playback or a Cellular/Internet connection (e.g., smartphone, iPod Touch, iPad)

Large electronic games, TVs

Explicit music

Inappropriate/sexualized clothing

## NUT-FREE CAMP

To help protect the health and safety of the campers and staff in our community, Camp Barney Medintz is a nut-free camp. No peanuts or tree nuts (including cashews, almonds, pecans, pistachios, walnuts, etc.) or foods containing peanuts or tree nuts in their ingredient list are permitted on camp property. Some purchased products we use may be processed in a facility that has nuts or on shared equipment.

## LOST AND FOUND

Lost and Found items are displayed throughout and at the end of each session, and counselors will make every attempt to help campers locate misplaced items on a daily basis! However, CBM cannot assume liability for the loss or damage of personal items. **Please label everything!**

## LAUNDRY

Laundry will be washed three times during each four-week session and once during each two-week session. There is no laundry service for one-week campers.

A professional laundry service from our local town of Cleveland washes, dries and folds the contents of each camper's clearly marked laundry bag and returns clothes the next day. Please make sure your camper's laundry bag is made of durable material. Mesh bags do not hold up well over the course of the summer, and do not help to protect the clothes inside. CBM laundry bags are available for purchase prior to camp. For more information, please check our [online store](#).

## CELL PHONE POLICY

Campers are not permitted to have their phones with them at camp. We strongly recommended that campers do not travel with their cell phones to camp unless required for communication during travel. If you choose to allow your camper to bring their phone, we will collect it, label it with the camper's name, unit, and travel method, and store it until the end of the session. To allow us to properly take care of your camper's phone, please ensure that they turn it in at the times as specified below.

For Atlanta campers or campers coming through the airport, phones will be collected as campers board the bus to camp. At your request we will also collect and store their phone charger.

For campers riding out-of-town buses, phones will be collected upon their arrival at camp.

Please ensure that your camper's phone is powered off and labeled before it is turned in.

## FIRST-TIME CAMPERS

If your child is coming to Camp Barney for the first time, we encourage you to begin talking to them about their daily routine at camp. Help them understand what they will be doing independently and even start practicing at home. Here are some expectations of CBM campers to help you start that conversation.

1. Independent toilet use (Note: We understand that some of our younger campers still sleep in Pull-ups, which we are happy to accommodate.)
2. Communicate their own health concerns (e.g., be able to articulate "I'm allergic to dairy" or "I have a sore throat")
3. Independent hygiene (i.e., brush teeth, wash face, shower without help)
4. Dress and undress themselves (e.g., if they have yet to master tying shoes, consider alternative shoes for camp)
5. Fall asleep on their own
6. Serve themselves and eat independently (meals at camp are family-style)
7. Carry their own bag or backpack and water bottle
8. Have the endurance to walk at least 1/4 of a mile (e.g., from the cabin to the Dining Hall)

## ADJUSTING TO CAMP

Upon arrival at Camp Barney Medintz, it is common for all campers, new and returning, to require some adjustment. Some campers may immediately become homesick and might express these feelings in the first or second letter home to you. In fact, homesickness is normal! It's often about being away from all that is familiar and suddenly encountering new places, new faces, new systems, and a change in routine. It's common for adults, too!

Experienced campers may initially compare their first impressions to a previous counselor, camp, or fellow campers. Also normal! Some kids adjust sooner than others, but generally, campers become truly comfortable when more and more about camp becomes familiar.

Our staff will be ready to respond to campers upon their arrival. Some kids need some quiet time at first with reduced instructions and stimuli, and some want to know everything right away! Still, others feel fine once they are connected with the counselor, campers in their cabin, the Health Center, cubby space, their bed, facilities, activities, and routines. That's why the first letter home, especially if distressful, is often a very premature (and sometimes a very dramatic) reaction!

Meanwhile, you may choose to build excitement and/or reduce anxiety by doing some pre-camp preparation. Express your confidence in your child's ability to take care of himself or herself, knowing that asking for help is perfectly okay. Send along familiar items from home. Talk about the adventures awaiting your child, reuniting with old friends or making new ones, and which qualities your child possesses that other kids will be drawn to.



## TALK TO YOUR CAMPER ABOUT HOMESICKNESS

What is homesickness? We've probably all felt it at some point in our lives. It's a natural, normal feeling that almost all children (and adults!) feel when they're away from home. Those feelings just vary in intensity from one person to the next. According to the American Camp Association (ACA), "there are several factors that put children at greater risk for becoming homesick. For example, children with little previous experience away from home, children who have low expectations of camp, children who feel forced to go to camp, children who are unsure whether adults will help them if they need help, children who have little practice coping with negative emotions, and children whose parents express a lot of anxiety are most likely to feel homesick."

Often, homesickness is not a problem. But when it is, parents and camp staff can work together to help. Some parents fear that mentioning homesickness before camp begins will *cause* their child to be homesick. In fact, the opposite is true. Talking to your child about homesickness before they leave home is a great idea! It may even prevent homesickness before it starts. Have your child help pack for camp. Reassure them that camp is a fun and safe place, and that there are lots of adults on staff to help them if they are feeling sad. Remind them how confident you are in their abilities and independence, and please don't promise them that you'll come pick them up if they're feeling homesick! If possible, have your child spend some "practice" time away from home, such as a long weekend at a friend or relative's house. Try different coping strategies during this trial run.

The first letter or two that you receive from your camper may sound sad. Feelings of homesickness are often exaggerated during downtime (including rest hour, which is usually when campers write letters home). If you do receive such a letter, please start by taking a deep breath. We know it's hard to imagine your child being sad and not being there to hug and comfort them. Remember that these feelings are natural and common and that our staff ARE there to hug and comfort your child. Also know that in the time that it took the letter to reach you, your camper may have adjusted to camp and the feelings expressed may no longer be accurate. Write your child back an encouraging letter, validating their feelings. Here are a few ideas of good things to say to a camper who is feeling homesick:

- Your feelings are normal
- I have confidence in you. I know you can do this.
- I know you feel miserable right now.
- I am not coming to pick you up early.
- Nothing fun or exciting is going on at home.
- The days will start going much faster once you've adjusted to camp.
- The more you participate and get involved, the better you will feel.
- Overcoming your homesickness will help you feel more confident about future adventures away from home.
- Even though it's painful right now, I know that you are growing and maturing because of your camp experience.
- I'm really proud of you.



If you continue to be concerned, please contact us. We are happy to do some investigating and give you an update. We want to work together with you to make sure your child is happy and having the time of their life at camp.

# Transportation

## TRAVEL OPTIONS

ARRIVAL DAY FOR AVODAH CAMPERS (Thursday, June 1):

1. **ATLANTA BUS:** Drive to Dunwoody Elementary School and take a chartered coach bus to Camp.
2. **AIRPLANE:** Fly into Hartsfield-Jackson Atlanta International Airport. Please see paragraph below labeled [“Flying To and From Camp”](#) regarding adult chaperone requirements.

OPENING DAY OF FIRST AND SECOND SESSIONS (Sunday, June 4 and Monday, July 3):

- **ATLANTA BUS:** Drive to a location in Atlanta, GA (to be announced soon) and take a chartered coach bus to Camp.
- **BIRMINGHAM BUS (First Session Only):** Drive to Levite Jewish Community Center in Birmingham and take a chartered coach bus to camp.
- **CHARLOTTE BUS (Second Session Only):** Drive to Levine Jewish Community Center in Charlotte and take a chartered coach bus to camp.
- **AIRPLANE:** Fly into Hartsfield-Jackson Atlanta International Airport. Please see paragraph below labeled [“Flying To and From Camp”](#) regarding adult chaperone requirements.

OPENING DAYS OF OUR Kochavim B / Youth B Sessions and Kochavim D (Sunday, June 18 and Monday, July 17):

- **BUS:** Chartered coach bus to Camp: Drop off at Dunwoody Elementary School.
- **AIRPLANE:** Fly into Hartsfield-Jackson Atlanta International Airport. Please see paragraph below labeled [“Flying To and From Camp”](#) regarding adult chaperone requirements.

CLOSING DAYS OF OUR CBM Experience, Chalutzim Experience, Kochavim A /Youth A Sessions, and Kochavim C Session (Friday, June 9, Friday, June 16, Friday, June 23, and Friday, July 14):

- **BUS:** Chartered coach bus from Camp. Pickup at Dunwoody Elementary School.
- **AIRPLANE:** Fly out of Hartsfield-Jackson Atlanta International Airport. Please see paragraph below labeled [“Flying To and From Camp”](#) regarding adult chaperone requirements.

CLOSING DAY OF FIRST SESSION AND SECOND SESSIONS (Thursday, June 29 and Friday, July 28)

- **ATLANTA BUS:** Chartered coach bus from Camp. Pickup at a location in Atlanta, GA (to be announced soon)
- **BIRMINGHAM BUS (First Session Only):** Chartered coach bus from Camp. Pickup at the Birmingham JCC.
- **CHARLOTTE BUS (Second Session Only):** Chartered coach bus from Camp. Pickup at the Charlotte JCC.
- **AIRPLANE:** Fly out of Hartsfield-Jackson Atlanta International Airport. Please see paragraph below labeled [“Flying To and From Camp”](#) regarding adult chaperone requirements.



## ATLANTA DROP-OFF AND PICKUP

Note: If you search for Ameris Bank Amphitheatre, it will give you a different address than what we have listed below. Please use 2246 Encore Pkwy, Alpharetta, GA 30009 in your GPS in order to arrive at the correct entrance.

SESSION	OPENING DAY	DROPOFF LOCATION	CLOSING DAY	PICKUP LOCATION
First Session	Sunday, June 4	Ameris Bank Amphitheatre 2246 Encore Pkwy Alpharetta, GA 30009	Thursday, June 29	Ameris Bank Amphitheatre 2246 Encore Pkwy Alpharetta, GA 30009
CBM Experience A & Chalutzim Experience	Sunday, June 4	Ameris Bank Amphitheatre 2246 Encore Pkwy Alpharetta, GA 30009	Friday, June 9	Dunwoody Elementary School 1923 Womack Rd. Dunwoody, GA 30338
Kochavim/Youth A & Chalutzim (2 weeks)	Sunday, June 4	Ameris Bank Amphitheatre 2246 Encore Pkwy Alpharetta, GA 30009	Thursday, June 15	Dunwoody Elementary School 1923 Womack Rd. Dunwoody, GA 30338
CBM Experience B	Sunday, June 11	Dunwoody Elementary School 1923 Womack Rd. Dunwoody, GA 30338	Friday, June 16	Dunwoody Elementary School 1923 Womack Rd. Dunwoody, GA 30338
Kochavim/Youth B	Sunday, June 18	Dunwoody Elementary School 1923 Womack Rd. Dunwoody, GA 30338	Thursday, June 29	Ameris Bank Amphitheatre 2246 Encore Pkwy Alpharetta, GA 30009
CBM Experience C	Sunday, June 18	Dunwoody Elementary School 1923 Womack Rd. Dunwoody, GA 30338	Friday, June 23	Dunwoody Elementary School 1923 Womack Rd. Dunwoody, GA 30338
Second Session	Monday, July 3	Ameris Bank Amphitheatre 2246 Encore Pkwy Alpharetta, GA 30009	Friday, July 28	Ameris Bank Amphitheatre 2246 Encore Pkwy Alpharetta, GA 30009
Kochavim/Youth C	Monday, July 3	Ameris Bank Amphitheatre 2246 Encore Pkwy Alpharetta, GA 30009	Friday, July 14	Dunwoody Elementary School 1923 Womack Rd. Dunwoody, GA 30338
Kochavim/Youth D	Monday, July 17	Dunwoody Elementary School 1923 Womack Rd. Dunwoody, GA 30338	Friday, July 28	Ameris Bank Amphitheatre 2246 Encore Pkwy Alpharetta, GA 30009

## FLYING TO AND FROM CAMP

We provide transportation on arrival and departure days to and from Atlanta's Hartsfield Jackson International Airport.

Campers who are flying will be required to meet us outside of security at baggage claim. For flights with eight or more campers, we will seek (and reimburse flight expenses for) a chaperone to supervise and escort the campers. If your camper is on a chaperoned flight, we will have the chaperones escort the campers from the gates to the buses for incoming flights and escort the campers from the buses to the gates for outgoing flights. If your camper is on a flight that is not chaperoned, we will meet the camper in the airport outside of security at baggage claim on arrival day and guide them to our buses.

On departing days, we will provide transportation for campers to the airport via buses that are supervised by our staff. The drop-off location for campers is in the downstairs departures section of the airport. Following drop-off, it is your responsibility as a parent or guardian to ensure that your child is checked-in and properly supervised through the airport or that they are able to navigate the airport on their own if they are old enough to do so and you are comfortable with that. This means that parents/guardians should either accompany their child through the airport or provide clear instructions and guidance for their child to follow.

## LUGGAGE

### LUGGAGE TAGS

We will email luggage tags to you prior to camp. These are color-coded and enable us to deliver baggage to the proper "village" at camp. Please attach to each piece of baggage.

### SHIPPING LUGGAGE TO CAMP

We only allow **soft-sided duffel bags** at camp to allow for easier storage.

**We strongly encourage you to use bags that measure no more than 40 x 20 x 20 inches** when packed to avoid paying some really high extra fees. Due to an increase in ecommerce, the shipping carriers have been overloaded and are struggling to keep up with demand. As a result, they have added extra fees for bags that are oversized and overweight this year. Staying within the 40 x 20 x 20 size should ensure that you don't exceed the various size limits that result in extra fees that can get up to \$125 per bag per trip.

### LUGGAGE SHIPPING OPTIONS:

We are offering two shipping company options for you to choose from. Please note that these are 3rd parties and while we do suggest you use them, they are not on our staff and we are not an affiliate of their business. We are again offering IFL who has serviced our families since 2011. They provide door to door service in South Florida and also set up shipping for families anywhere in the country. You can [access their website here](#) or via a form on your dashboard. ShipCamps is new to us. They have partnered with our camp software company and will be an option on your camp dashboard. They set up pickup and drop off service for you via the shipper.

- You can ship directly with FedEx or UPS.
- Luggage being shipped to camp should be set up to arrive on the Wednesday before your camper's opening day.
- Luggage pickup at the end of your session should be scheduled on your last day of camp at 3pm or later.



# At Camp

## CAMP MAP



### Key Places

- 1. Camp Office
- 3. Alterman Lodge (Dining Hall)
- 15. Billi and Bernie Marcus Health Center
- 30. Doris Zaban Chapel

### Housing

- 2. Director's House and Adult Housing
- 7. Cabin 20
- 8. Staff Lodge
- 10. Village 1
- 11. Village 2
- 12. Village 3
- 28. Arogeti/Wynne Teen Village
- 27. JIT Village

### Sports

- 13. Junior Ball Field
- 17. Eichel Tennis Center
- 29. Arogeti/Wynne Teen Sports Complex
- 35. Archery
- 34. Bernard Halpern Activity Center

### Waterfront

- 4. Lynne M. and Howard L Halpern Aquatic Center
- 5. Lake Louis
- 14. Jacobs Swimming Pool
- 22. Lake Wendy & Beach, The Finn Water Luge

### Naturecrafts

- 9. Nature Shack
- 25. High Ropes Activities
- 26. Babbit Center
- 21. Alpha Zip Line
- 31. Omega Double Zip Lines
- 40. Campsites
- 43. The Garden

### Other

- 6. Staff Lounge
- 16. Old City Kitchen Cooking School
- 18. Marcus Cultural and Performing Arts Center, Asher & Grace Benator Center
- 19. Chippie Amphitheatre
- 20. Shirley Halpern Arts & Crafts Center
- 23. Glass Pavilion Sukkah
- 24. Campfire Circle
- 32. Sam's Deck
- 33. Staff Parking Lot
- 36. Brill Equestrian Center
- 37. Tree Climbing
- 38. Emily's Zoola
- 39. Fogey's Tree House
- 41. Jen's Zen Den
- 42. The Gail and Lyons Den

## PROGRAMMING AND ACTIVITIES

We are focused on providing an experience that your children will remember for the rest of their lives. Through this experience, they will develop lasting friendships, an appreciation and respect for the environment, accepting people for who they are and the diversity of those people, and a sense of belonging and connection in being Jewish. Part of that experience is gained through the amazing connections your child will have with their cabin mates, and another part of that experience comes from your child participating in the wide array of fun activities that we offer at camp. One aspect that makes our activities and programming so special is the idea of sequential programming.

We divide up our activities into two categories: general activities and age-specific (sequential) activities. General activities are activities that everyone can participate in no matter how old they are. Examples of these types of activities include swimming in the pool, skiing or water tubing, tie-dying, playing sports, or doing some amazing activities in nature. Age-specific activities are exclusive to certain age groups. This means your child will always have something to look forward to at Camp Barney from year to year and lets us enact programs that build camper skills and confidence from one year to the next as campers learn to do new things that build off the year before.

### **Example of Sequential Programming at Camp Barney Medintz**

*Learning to appreciate nature through camping in the great outdoors*

Every age group will have the opportunity to spend time in nature while they are at Camp Barney, with new activities and experiences that increase their comfort outdoors, build skills, and provide new challenges. Our youngest campers begin this experience with an evening in the woods with their cabinmates, eating tasty food cooked over a campfire before returning to their bunks for the night. 4-week campers and older two week campers build on this experience by staying out for the entire night with their cabin group, singing songs, and roasting marshmallows. Chaverim cabin groups hike our in-camp trail while carrying their own gear and food, spending the night at a beautiful campsite. This experience helps prepare them for the next year when they go on "Appy:" hiking for 3 days and 2 nights on the Appalachian Trail. The next year, Alufim campers spend the night outdoors in a group of three campers in a program called "Trio." They are responsible for putting up their own shelter, building their own campfire, and cooking the own food. The outdoor experience for campers culminates during the JIT year, when campers participate in a very special camping experience called "Solo." Campers set up their own individual site and spend the night using the skills and experience gained up to that point in a fantastic reflective experience.

At camp, your child will experience both general and age-specific activities in a fun environment with their friends with support from highly engaging trained staff. They are exposed to new and different activities that may nurture an existing interest or spark a new one. Each activity is designed to be incredibly fun while also providing opportunities for campers to learn about teamwork, sportsmanship, communication, creativity, resilience, adaptability. Perhaps most importantly, our program provides opportunities for campers to discover more about themselves and the people around them. We hear from many staff and alumni about how the activities they participated in at camp directly correlated to them discovering a new passion that ultimately led to a career. We are proud of the activities and programming we have at camp and can't wait for your camper to participate in them.



## SAMPLE DAILY SCHEDULE

7:15am	Wake up
8:00am	Breakfast
8:45am	Cabin Cleanup, med line/sick call
9:15am	Activity 1 – Ropes Activity
10:30am	Activity 2 – Kickball
11:45am	Lunch
12:45pm	Activity 3 – Tie-Dye
2:00 pm	Rest Hour/Mail/Canteen
3:00pm	Activity 4 – The Blob!
4:15pm	Activity 5 – Theater Games
5:45pm	Dinner
6:45pm	Activity 6 – Archery
8:00pm	Activity 7 – Pool Party
8:45pm	<b>Milkline</b> (milk & cookies!)
9:15pm	Lights out for younger campers
	Activity 8/evening activity for older campers
10:00 - 11:00pm	Lights out for older campers

The schedule will vary somewhat during Shabbat, for campouts, and campwide program days.

## CANTEEN

Our canteen serves a variety of afternoon snacks to campers. Campers can choose from a selection of healthy snacks, chips, candy, cookies, and Barney Bars (only available on Sundays). Gluten-free, nut-free, and dairy-free options are always available and will be clearly indicated. Each camper may receive one snack item from canteen per day, six days per week. (There is no canteen on Shabbat.) Your camper's canteen fee also includes laundry and camp T-shirt).

## VISITORS

We do not allow families to visit enrolled campers (or staff) during camp sessions. We maintain this policy to provide a continuity of experience away from home and to create an environment for our community that ensures safety and familiarity.

## TIPPING

In keeping with the philosophy of Camp Barney Medintz, gratuities are not accepted. If you truly wish to acknowledge a staff member, you are welcome to donate to Camp Barney Medintz in their honor.

# Communication

## CAMPANION

We know that during the summer, while campers are at CBM having the time of their lives, as a parent you sometimes can't help but wonder what they're up to and miss them like crazy. This summer, we're utilizing an amazing new Campminder phone app called Campanion to help you connect to your camper's experience.

With Campanion, you can review a feed with news about life at Camp Barney. You'll also be able to see photos and videos taken at camp and use handy facial recognition tools to be notified whenever pictures of your camper are posted.

You can also email your child(ren) as often as you want through the Campanion App! Emails are printed six days per week (Sunday – Friday) and delivered to campers during Rest Hour after lunch. Purchase *CampStamps* packages in your Camp Account and save money.

The best news? Campanion helps with all of your pre-camp preparations (including filling out camp forms!).

- Download the Campanion app to your [Android phone](#) or [iPhone](#).
- Use your current Camp Account email address and password to log in
- Complete forms online and upload completed paperwork right in the app
- Upload a training photo of your child, which enables the app to send you photos of your camper over the summer
- Ensure you have push notifications enabled within your phone settings so you can receive important updates from camp all year long!
- Send your camper emails or download pictures using the app
- If you need help with the app choose the Help option

For more information about Campanion, [please visit the FAQ](#).

Not a fan of phone apps? You can still get still access your forms and photos and send emails using your online account by [Logging in to your Camp Account here](#). If you need help with anything regarding your online account, click on the Help link at the top right of the screen and browse the FAQs. If none of these answer your questions, click on the Help Tickets link and create a help ticket. These help tickets will be sent directly to our technology partner (for online camp applications, photos, email, etc.) CampMinder and will be answered within 24 hours.

If you'd like to grant access to allow friends or family to view pictures and get news from camp, [please follow these instructions to create a guest account](#).

## BY EMAIL

A steady flow of mail to and from home can make a world of difference in your child's positive feelings about camp and home. As mentioned in the [Campanion](#) section, you can use Campanion (or your camp account) to send emails to you child while they're at camp.

Campers can request a scannable blank letter from their counselors during Rest Hour to write a letter or draw pictures to send home. We'll scan and send these letters daily from Sunday through Thursday. These letters will automatically be sent as an email attachment to all primary email addresses on your CampInTouch account.

Though sometimes the first letter home might indicate a difficult adjustment, homesickness, etc., a more revealing view of your child's early Camp experience could be represented in their second letter. Nevertheless, if you're deeply concerned, please call and we'll do some quick research!

## BY MAIL

We also encourage you to send your child "snail" mail at camp. It's always fun to receive a letter. (Some parents even arrange for that first letter to be at camp before the child is! If you choose to do so, it will be delivered on their first full day at camp.)

Please write to:

<YOUR CAMPER'S NAME>

CAMP BARNEY MEDINTZ, CABIN # \_\_\_\_\_ \*

4165 HWY 129 NORTH

CLEVELAND, GA 30528-2309



\* You will receive an email with your campers' cabin number after their arrival. Please ensure that your camper's cabin number is written on all physical correspondence sent to camp.

Campers can also send handwritten snail mail back to you. If you would like your camper to do this, please send your camper with pre-addressed envelopes and stamps. These letters may take several days to arrive. Local post offices are historically slower than bigger city post offices.

### PACKAGES

**Please do not send any packages to your child at camp!** Camp Barney's "no package" policy enables us to properly manage the health and safety of our campers and staff. Please also remind grandparents and other family members that packages are not accepted at camp. (Of course, letters are always welcome!) If you have an urgent need (i.e., a forgotten pillow or teddy bear), please contact our office via email:

[CBMSummerOffice@gmail.com](mailto:CBMSummerOffice@gmail.com).

## BY TELEPHONE

The Camp Barney Medintz summer telephone number is **(706) 865-2715**.

Our office hours are:

Sunday – Thursday: 9:00am to 8:00pm (EST)

Friday: 9:00am to 5:00pm (EST)

Saturday (Shabbat): 11:00am to 5:00pm (EST)

### DURING OFFICE HOURS

You may call us any time during camp! If we are unable to answer during office hours, a return call to you will be made that same day unless you specify urgency, and then a Director or another camp administrator will be sought immediately. (Please remember, we're a 540-acre facility and camp administrators may be far from the office when you call— with campers, at programs, etc.) We may also wish to contact you so that together, we can ensure the most successful experience for your child.

### AFTER HOURS

If you call the office after hours, you will be directed to our messaging service and we will return your call the next day. In the event of an emergency, you will be able to connect to the director-on-call.

### COMMUNICATING WITH CAMPERS

Parents are not permitted to communicate with campers via telephone except under extenuating circumstances at the discretion of camp directors. Our long history has shown us that parent phone calls often interfere with camper adjustment, group dynamic, and the overall community environment that we strive to maintain.

[Reminder: Camper cell phones are prohibited at camp.](#)

## ONLINE PHOTOS

Our staff photographers will photograph campers as they experience the many awesome moments of camp so we can share those moments with you. This summer we will be utilizing Companion to blend the convenience of a single platform with the advantages of facial recognition technology. This will make it faster and easier for you to find pictures of your camper while helping us to verify that we are uploading pictures of each and every camper. Of course, you'll still be able to browse through all of the pictures we upload. We will send instructions about how to configure the facial recognition software to recognize your camper.

This summer, we will aim to photograph every camper at least twice per week and upload pictures consistently. Please be patient with us as we do our best to balance the workload required to take, compile, and upload photos with our top priority of ensuring the safety and wellbeing of the hundreds of campers at CBM.

Camp Barney Medintz reserves the right to use any individual or group photographs of campers taken at Camp during the summer for marketing purposes.

# Health and Safety

## MARCUS HEALTH CENTER AND MEDICAL STAFF

The Marcus Health Center at Camp Barney is centrally located. It is antiseptically clean, air-conditioned, and well-equipped.

Our medical staff includes a resident physician, several registered nurses (RNs), and two to three health center assistants each session. A member of the medical team is available to campers and 24 hours a day. A network of medical care facilities is also available: medical clinics are located four miles away in Cleveland, 25 miles away in Gainesville, and 60 miles away in Atlanta; dentists and orthodontists are also available in these locations. Additionally, many Camp Barney Medintz staff are trained and certified in First Aid/CPR/AED or Wilderness First Aid prior to your child's arrival.

Campers receive excellent medical attention. Whether they take daily medications, require treatment, or need to be admitted for an overnight stay, their health and safety is always our primary concern. If a camper develops an illness that requires a prescription medication, a change in medications, an overnight stay or outside consultation, a call will be made to the camper's parent(s).



## PREPARING FOR CAMP

### REQUIRED ANNUAL MEDICAL EXAMINATIONS

All campers must have a medical exam by their physician prior to their arrival at camp. The Health History form and the Physician Examination form were due by April 1. **Campers will not be permitted to attend camp without a completed Health History Form and Physician Examination Form.** If you have any comments regarding Health Forms, email [MarcusHealthCenter@campbarney.org](mailto:MarcusHealthCenter@campbarney.org).

### FLU SHOTS

We encourage every camper and staff member to have a **current annual flu vaccination**. Everyone should be screened by parents for flu-like symptoms prior to drop off for Camp Barney. If a camper shows flu-like symptoms, the camper should be screened by a physician prior to coming to camp. All campers should also be fever free without medications for 24 hours prior to arrival at camp.

### IMMUNIZATION POLICY

For each child enrolled, the parent (or legal guardian) must attest that [all immunizations required for school in the state of Georgia](#) are up to date including the actual date (month/year) of last tetanus shot. Any requested medical exemptions must be signed by a doctor within the past 12 months. Only medical exemptions approved by the MJCCA will be allowed. It is the responsibility of the parent (or legal guardian) to update the file when the health records change.

### MEDICATION

Any camper who takes prescription medication while at camp must have it filled and packaged through our pharmacy partner True Pharmacy. Orders are due to True Pharmacy by May 5<sup>th</sup> for first session campers (including Kochavim, Youth A & B, and CBM Experience) and June 5<sup>th</sup> for second session campers (including Kochavim and Youth C& D). All information about taking medication can be found on our website at [www.campbarney.org/current-families/healthy-campers](http://www.campbarney.org/current-families/healthy-campers).

Please remember: we cannot accept medications at the bus. The only exceptions are emergency medications, inhalers, and injectables which must be pre-approved by the health center. If other medications are brought on opening day without prior approval, we will hold out three doses and require that the prescription be rush ordered, filled by True Pharmacy, and shipped directly to camp. Expedited fees of at least \$50 will apply. Packaging through True Pharmacy safe and efficient medication administration for your child. If you have questions, please email [MarcusHealthCenter@campbarney.org](mailto:MarcusHealthCenter@campbarney.org).

### MEDICAL INSURANCE

Camp Barney Medintz does not provide medical insurance. All campers must be covered by a health insurance plan or they will not be permitted to attend camp. Expenses applied toward a family's insurance include visits to an out-of-camp clinic or hospital and prescribed pharmacy medications.



## WELLNESS AT CAMP

### LICE SCREENINGS

All campers are screened for lice by our medical staff and trained professionals from [Lice Ladies](#) upon their arrival at camp and prior to moving into their cabins and unpacking their luggage. Please help us by checking your child prior to their arrival at camp. If your child is found to have nits or active lice, we will attempt to get in touch with you via your primary cell phone number to present the following options:

- Lice Ladies will perform a lice treatment at camp. Your child will be able to return to their cabin once the treatment is complete. You will be responsible for the cost of the treatment. Lice treatment costs range between \$95 and \$250 depending on hair length and duration of infestation. We will provide the exact cost of the treatment at the time of the call.
- If you do not wish to use Lice Ladies, your child will need to return home for treatments and may return to camp after they receive two treatments and a signed letter from their doctor indicating he or she is lice and nit free.

To ensure that your camper's transition to camp is as seamless as possible, if we are unable to contact you via phone, we will pursue option 1 with billing to follow.

### GLASSES

If your child wears glasses, it is extremely important that your child brings a spare pair of glasses to camp. Should their glasses break, it will be difficult to enjoy camp, and they should be replaced without delay.

### BRACES

Please provide ample bees wax to help your child during moments of discomfort. There are dental professionals in our local town near camp should a wire protrude or break. Please help your child maintain their braces while at camp.

### AUTHORIZATION

Camp management is authorized to use our judgment in arranging for any medical care not available in the Marcus Health Center that, upon the advice of the Camp Doctor, we deem necessary. Parents agree to pay all expenses involved, and any not covered by your family insurance, including insurance co-payments.

## SECURITY

We have an electric security gate at the entrance to Camp Barney. This is to provide better protection for our camp community. The security code is available to our staff and selected vendors. This entrance gate is approximately one mile from the beginning of the camp facilities and activities. Camp Barney Medintz hires White County sheriff deputies and utilizes many other seen and unseen security measures to keep campers and staff safe throughout the camp season.

# Your Camper

## CONFIDENTIAL CAMPER QUESTIONNAIRE

Thank you for completing the Confidential Camper Questionnaire that you received in February. Your responses will help us immeasurably as we design cabin groups and prepare for your child's emotional, physical, recreational, and social growth! Please send any updates you feel are important for us in providing a positive experience for your family. You may update your form online directly through your Camp Account.

## BIRTHDAYS

A wonderful celebration awaits campers whose birthday occurs during their session at camp, including yummy cake for their cabin and lots of singing by everyone in camp! (If your child's birthday falls during their time at camp, please highlight this on the Confidential Camper Questionnaire.) **Telephone calls are not permitted on this special day.** Instead, please consider letters, cards, or emails!

## BUNKMATE REQUESTS

Space is provided on the Confidential Camper Questionnaire for you to provide your child's bunkmate request. Such requests will generally be honored if both families make the same request, unless there is a significant disparity in ages or grades. Some campers request to be bunked with several other children. Because of various cabin sizes, CBM can only commit to facilitating one mutual request per camper. We try to honor old friendships, encourage new ones, and create a cabin group that will enable a fabulous experience for each child.

## BAR/BAT MITZVAH PREP

**For campers whose Bar/Bat Mitzvah date falls before the end of December of this year,** Camp Barney Medintz can arrange for your child to receive additional coaching from our resident Judaic Educators for up to two hours per week while at Camp at **no additional cost to you**. If you so choose, a donation to CBM for this service would be welcomed and appreciated!

Arrangements can also be made for such a *Simcha* should you choose to have your special occasion celebrated *at* Camp Barney during available weekends! (See "[Retreats](#)"). Please contact us for information about availability, schedule, activities, accommodations, catering, costs and any other special arrangements.



# Beyond Camp

## DONATIONS

A donation to Camp Barney Medintz is an investment in our Jewish future. Each and every tax-deductible gift allows us to enhance the camping experience of thousands of children and hundreds of staff. Gifts can be made [online](#) or by phone. For more information, go to [campbarney.org/give](http://campbarney.org/give) or call [Bonnie Brodsky](#) at 678.812.4151. We appreciate your generous support!

## RETREATS



Camp Barney Medintz is available for organizations and special occasions during several non-summer months each year. Special fees include all lodgings, meals and activities. If you are interested in reserving a weekend in the magnificent North Georgia Mountains for your group, family reunion, wedding, Bar or Bat Mitzvah between mid-August and mid-September please contact [Bonnie Brodsky](#) at (678) 812-4151.